

Susan Obrecht, L.C.S.W.  
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## EXPERIENCE

- 2017-Present NATIONAL INSTITUTE FOR THE PSYCHOTHERAPIES  
Co-Director, Supervision, 4 Year Adult Training Program
- 2010--Present NATIONAL INSTITUTE FOR THE PSYCHOTHERAPIES  
Faculty. Taught Contemporary Dreams Course to 2<sup>nd</sup> year candidates and elective course on Narcissistic Shame: Treatment Implications to 3<sup>rd</sup> year candidates in the Adult Training Program
- 2001-Present MANHATTAN INSTITUTE FOR PSYCHOANALYSIS  
Faculty/Training Analyst/Supervisor  
Teach Dreams course which surveys the evolution of dream theory from Freud to contemporary relational/interpersonal writings.
- 1992-2005 FIFTH AVENUE CENTER FOR COUNSELING AND PSYCHOTHERAPY  
Faculty/Supervisor  
Taught advanced courses in clinical diagnostics, trauma theory and dreams. Supervised staff therapists and Yeshiva social work students.
- 1984-1990 BELLEVUE PSYCHIATRIC HOSPITAL  
Psychiatric Social Worker  
**Adolescent Mental Hygiene Clinic:** Offered ongoing individual, group and family counseling. Supervised NYU social work interns.  
**Psychiatric Emergency Room:** Conducted initial diagnostic interviews and collaborated on admissions/discharge planning.  
**Inpatient Adult Psychiatric Unit:** Conducted psychosocial evaluations, provided individual, family and group therapy.  
**PACH:** Throughout employment, provided intensive psychotherapy to artists in the Performing Artists' Center for Health. Completed research project for 1992 publication.

## TRAINING

- 2006-2008 THE WILLIAM ALANSON WHITE INSTITUTE  
Certificate from the Eating Disorders, Compulsions, Addiction Educational Program
- 1986-1990 MANHATTAN INSTITUTE FOR PSYCHOANALYSIS  
Certificate in Psychoanalytic Supervision
- 1995-1996 MANHATTAN INSTITUTE FOR PSYCHOANALYSIS  
Certificate in Psychoanalysis

## EVENTS

- 2016 Co-Chair, NIP Annual Conference: "Illusions of Immortality"  
2015 Co-Chair, NIP Annual Conference: "Privacy Matters"  
2014 Co-Chair, NIP Annual Conference: "The Immigrant in the Consulting Room"

## PRESENTATIONS

- 2017 "Sibling Reveries": Discussant to Allison Katz's NIP Focus Series  
2013 "Bonds, James Bond": Discussant to Kelly Bassett's NIPPA Case Presentation  
2010 "Either, Or, and a Whole Lot More": Discussant to Wendy Greenspun, Manhattan Institute for Psychoanalysis  
2005 *In the Shadow of Fame: a Memoir* by the daughter of Erik H. Erikson: Discussant, Manhattan Institute for Psychoanalysis.  
1999 "Fallen Idols, An Actress Demystifies her Therapist"  
International Association for Psychology and the Performing Arts  
1994 "That Obscure Object of Desire: A Case Study in Jealousy"  
Manhattan Institute for Psychoanalysis Colloquium Series  
1993 "Traveling Actors and Telephone Therapy"  
2<sup>nd</sup> International Conference for Psychology and Performing Arts  
University of London, Psychiatric Institute  
1992 "Actresses, Auditions and Emotional Eating Disorders"  
New York Center for Eating Disorders

## WORKSHOPS

- 2002-2004 MANHATTAN INSTITUTE FOR PSYCHOANALYSIS  
**Putting It Together: Addressing the Transition from Analytic Candidate to Recent Graduate**  
2000-2001 NYU FACULTY/ STAFF ASSISTANCE PROGRAM  
**Using Your Dreams to Understand Your Emotions;**  
**Optimal Anxiety: Assessing Suicidal and Homicidal Risks**  
1995-1997 THE WRITE IDEA, THE WRITER'S THERAPY SERVICE  
**A Room of One's Own; Women and Writing;**  
**Play and Procrastination;**  
**What is Your Relationship to Your Writing?**

## PUBLICATIONS

- "On the Road Again: Alternatives for Maintaining  
Psychotherapeutic Continuity with Actors:  
*Medical Problems of Performing Artists*/September 1992

## EDUCATION

- 1980-1982 COLUMBIA UNIVERSITY SCHOOL OF SOCIAL WORK  
Master of Science in Social Work  
1974-1978 THE JOHNS HOPKINS UNIVERSITY  
Bachelor of Arts; Departmental Honors/Thesis of Distinction

## Bio Sketch

Susan Obrecht, LCSW is Faculty and Supervisor at the National Institute for the Psychotherapies Adult Training Program and the Manhattan Institute for Psychoanalysis. She is in private practice in New York City.